


MARCH 2018



Happy 
St. Patrick's Day

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Competition Pool closed all Weds from 11am-12pm ↓	1 Aquafit 9:00am Spin 12:00pm Aquafit 7:30pm	2 Deep Water AquaFit 9:00am	3 Aquafit 10:00am Spin 10:45am
4 Family Free Swim 4:30pm-6:00pm	5 Aquafit 9:00am Spin 7:00pm	6 Aquafit 9:00am Spin 12:00pm Aquafit 7:30pm	7 Aquafit 9:00am Spin 7:45pm	8 Aquafit 9:00am Spin 12:00pm Aquafit 7:30pm	9 Deep Water AquaFit 9:00am	10 Aquafit 10:00am Spin 10:45am
11	12 Aquafit 9:00am Spin 7:00pm	13 Aquafit 9:00am Spin 12:00pm Aquafit 7:30pm	14 Aquafit 9:00am Spin 7:45pm	15 Aquafit 9:00am Spin 12:00pm Aquafit 7:30pm	16 Deep Water AquaFit 9:00am	17  Aquafit 10:00am Spin 10:45am
18 Mini Swim Club Meet 8am-12pm Regular Hours from 12pm-6pm	19 Aquafit 9:00am Spin 7:00pm	20 Aquafit 9:00am Spin 12:00pm Aquafit 7:30pm	21 Aquafit 9:00am Spin 7:45pm	22 Aquafit 9:00am Spin 12:00pm Aquafit 7:30pm	23 Deep Water AquaFit 9:00am	24 Aquafit 10:00am Spin 10:45am
25	26 Aquafit 9:00am Spin 7:00pm	27 Aquafit 9:00am Spin 12:00pm Aquafit 7:30pm	28 Aquafit 9:00am Spin 7:45pm	29 Aquafit 9:00am Spin 12:00pm Aquafit 7:30pm	30 GOOD FRIDAY Reduced Hours 12:00pm-4:00pm	31 Aquafit 10:00am Spin 10:45am
Regular Hours: Monday to Friday 6:30am - 9:30pm Adult Swim Monday to Thursday 8:30pm-9:30pm Saturday 10:00am - 8:00pm Sunday 12:00pm - 6:00pm			NOTES: For more information email Linda at lswanson@barrhead.ca Adrianna at apollard@barrhead.ca			

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