

AQUA SPIN CLASSES

Classes begin January 15, 2018

Class Times

Mondays 7:00PM to 7:45PM

Wednesdays 7:45PM to 8:30PM

Tuesdays/Thursdays 12:00PM to 12:45PM

Saturdays 10:45AM to 11:30AM

BEGINNER'S INTRO CLASS

January 8 from 7:00PM - 7:45PM

January 10 from 7:45PM - 8:30PM

Spaces limited, book your FREE class now



- 💧 \$90 for 9 classes OR \$12 for drop in plus GST
- 💧 Members with a 3+ month 2018 Aquatic Centre Pass receive 50% off the 9 class package
- 💧 Must arrive **10-15 minutes early** to set up your bike
- 💧 Bring a water bottle, bathing suit, and bike shorts
- 💧 Bring a great attitude and have fun!

CALL (780) 674-2532 | EMAIL LSWANSON@BARRHEAD.CA